

## **Mile End Hospital, Bancroft Road, London, E1 4DG**

Founded in partnership with NIDMS

If you are a dancer (student or professional), teacher or choreographer you are eligible to use this service if:

- You have experienced a serious injury in the last **72 hours** that requires immediate attention
- Your injury requires **urgent** medical diagnosis or treatment.

**Please note:** Please do not use the NHS Dance Injury Emergency clinic if your injury is not medically urgent. For conditions not requiring urgent treatment please

- seek a GP referral to go to the [London NHS Dance Injury Clinic](#) at the same hospital where the wait time is around 2 weeks,
- use the [One Dance UK Healthcare Practitioners Directory](#) to locate a private dance-specialist practitioner in your area
- or contact [manager@nidms.co.uk](mailto:manager@nidms.co.uk) 020 7940 9804 for more advice.

If this service is used incorrectly the hospital may revoke the relationship and this valuable service will no longer be available for dancers who really need it.

You will need to report to the **Accident and Emergency (A&E) departments** at either of these hospitals:

**Royal London Hospital**  
**Whitechapel Rd,**  
**Whitechapel, London E1 1BB**

**Newham University Hospital NHS Trust,**  
**Glen Rd,**  
**London E13 8SL**

You will be assessed to make sure there is no need for immediate care, and if not, you will then be referred on to the clinic at Mile End Hospital for further assessment and management.

### **What to expect at A&E**

Please inform staff on arrival at the hospital that you are a dancer that requires assessment and referral on to the dance injury clinic in collaboration with QMUL. You will undergo an initial assessment as per normal A&E procedures and then referred on. Should you require an xray this will be completed at A&E first.

If you have not heard from the clinic in a few days, please follow up on the below contact details;

### **Clinic secretary details**

0208 223 8518 – Susan Lawrence  
0208 223 8408 – Deborah Hession  
Email [bhnt.rheumatology@nhs.net](mailto:bhnt.rheumatology@nhs.net)

### **What to expect at your first dance injury clinic appointment**

Your appointment will take place at **Mile End Hospital, Bancroft Road, London, E1 4DG**. You will be seen at the dance injury clinic.

**If you have any problems or questions regarding your referral please contact the NIDMS Manager on: 020 7940 9804 or [manager@nidms.co.uk](mailto:manager@nidms.co.uk)**